Overview
Holy Names Academy, the oldest continually operating school in Washington State, is a private, Catholic, college preparatory school for young women in grades 9–12. Established in 1880 by the Sisters of the Holy Names of Jesus and Mary, Holy Names Academy has graduated more than 10,000 students. Today, alumnae around the world serve their communities professionally and personally.

Policy of Nondiscrimination
Holy Names Academy admits students of any race, color, religion, national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. The school does not discriminate on the basis of religion, race, color, ethnicity or national origin in its administration or policies.

The Numbers
Total Enrollment 2018-2019 712
Student / Teacher Ratio 13:1
Average Class Size 22

Ethnicity
Students of Color 35.1%
African American 5.2%
Asian or Pacific Islander 11.9%
Hispanic 3.9%
Multiracial 13.1%
Native American 0.4%
Other 0.6%
Caucasian 64.9%

Religion
Catholic 66.2%
Non-Catholic 33.8%

Faculty
52
BA or BS Degrees 100%
MA or MS Degrees 96.2%
PhD or EdD Degrees 7.7%

Grading
• Two 18-week semesters.
• A-F, including pluses and minuses.
• GPA is computed as: A=4, B=3, C=2, D=1, F=0.
• Advanced Placement grades are weighted as: A=5, B=4, C=3, D=2, F=0.
ADVANCED PLACEMENT PROGRAM

Holy Names Academy is strongly committed to offering its students broad access to Advanced Placement courses and national testing in a wide range of subjects. All students enrolled in an AP class are required to take the corresponding AP exam.

Percentage of Total AP Students with Scores 3+

In 2018, the College Board awarded 221 AP Scholar designations to 214 Holy Names Academy students:
- 5 National AP Scholars
- 68 AP Scholars with Distinction
- 94 AP Scholars
- 2 AP International Diplomas

More AP 2018 Facts
- In May 2018, 87.5% of all Holy Names Academy students in Grades 10 through 12 sat for at least one AP exam.
- Among the Class of 2018:
  - 70.9% won AP Scholar recognition, with 39.3% of those named AP Scholars with Distinction.
  - 99.4% sat for at least one AP exam in their four years at Holy Names Academy. Average per student: 5 exams.
  - 98.7% of the Class of 2018 earned a score of 3 or above on one or more exams.

AP Courses Offered at Holy Names Academy

<table>
<thead>
<tr>
<th>Computer Science</th>
<th>English</th>
<th>Fine Arts</th>
<th>Language</th>
<th>Mathematics</th>
<th>Science</th>
<th>Social Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer Science A</td>
<td>Literature</td>
<td>Art History</td>
<td>French Language</td>
<td>Calculus AB</td>
<td>Biology</td>
<td>Psychology</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Calculus BC</td>
<td>Environmental Science</td>
<td>Government</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Statistics</td>
<td>Physics 2</td>
<td>U.S. History</td>
</tr>
<tr>
<td>Studio Art</td>
<td>Spanish Language</td>
<td>Calculus BC</td>
<td>Statistics</td>
<td>World History</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Honors Courses

English: English 9; English 10; English 11
Mathematics: Algebra I; Algebra II/Trigonometry; Geometry; Precalculus
Science: Chemistry

Graduation Requirements

<table>
<thead>
<tr>
<th>Subject</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>4 years</td>
</tr>
<tr>
<td>Fine Arts</td>
<td>1 year</td>
</tr>
<tr>
<td>International Language</td>
<td>2 years</td>
</tr>
<tr>
<td>Laboratory Science</td>
<td>2 years</td>
</tr>
<tr>
<td>Mathematics</td>
<td>3 years</td>
</tr>
<tr>
<td>Physical Education / Health</td>
<td>1½ years</td>
</tr>
<tr>
<td>Social Studies</td>
<td>2 years</td>
</tr>
<tr>
<td>Religion</td>
<td>4 years</td>
</tr>
<tr>
<td>Electives</td>
<td>3 years</td>
</tr>
</tbody>
</table>

Student Leadership

Over 80% of students hold leadership positions during their four years:

Associated Student Body (ASB) • Campus Ministry and Community (CMC) • Sport and Spirit (SNS)
Class Officers and Representatives • Club Officers • Athletic Team Captains • Peer Mentors • Student Ambassadors

Athletics
Holy Names Academy Cougars compete in the Seattle Metropolitan High School League (3A classification)

- 90% of HNA students participate in at least one sport.

Championships since 1996:

- 16 Washington State 3A team championships (Basketball, Cross Country, Golf, Gymnastics, Soccer, Swim/Dive, Tennis, Track)
- 30 District team championships (Basketball, Cross Country, Golf, Gymnastics, Softball, Swim/Dive, Tennis, Track, Volleyball)
- 70 Metro League championships (Basketball, Cross Country, Golf, Gymnastics, Soccer, Softball, Swim/Dive, Tennis Track, Volleyball)
- 24 Washington State 3A team Academic championships

Fall sports: Crew, Cross Country, Golf, Soccer, Swim/Dive, Volleyball
Winter sports: Basketball, Crew (conditioning), Gymnastics
Spring sports: Crew, Golf, Lacrosse, Softball, Tennis, Track & Field, Ultimate Frisbee
No-cut sports: Crew, Cross Country, Swimming, Track & Field

Holy Names Academy is one of only three high schools in the Pacific Northwest states to offer crew (rowing) as a full-fledged, interscholastic sport. Since 1992, the crew program has qualified boats 18 times to compete at the USRowing Youth National Championships (winning gold medals in 2015 and 2017) and 19 times at Boston’s Head of the Charles Regatta.

Clubs and Activities

<table>
<thead>
<tr>
<th>Ani-Mayhem</th>
<th>Cougar Records</th>
<th>KHNA-TV News Station</th>
<th>Sci Fi Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Art Club</td>
<td>French Club</td>
<td>Mock Trial</td>
<td>Student Magazine, The Dome</td>
</tr>
<tr>
<td>Book Club</td>
<td>Girl Power</td>
<td>National Honor Society</td>
<td>Trivia Bowl</td>
</tr>
<tr>
<td>Cards for Kids</td>
<td>Green Team</td>
<td>Photography Club</td>
<td>True Colors</td>
</tr>
<tr>
<td>Chess Club</td>
<td>Harry Potter Club</td>
<td>Respect for Life</td>
<td>Walt’s Club (Disney Animation)</td>
</tr>
<tr>
<td>Coding Club</td>
<td>Junior State of America</td>
<td>Robotics Team</td>
<td>Yearbook, Excalibur</td>
</tr>
</tbody>
</table>

Multicultural Student Union: Black Student Union, Asian/Pacific Islander Focus Group

Music:
Concert Choir, Advanced Concert Choir, Vocal Ensemble, Jazz Band, Orchestra, Instrumental Groups (e.g., Rock Band, String Quartet), Eclectic Strings, Private and Group Lessons

Theatre and Film:
Theatre & Film Club, International Thespian Society, Fall Play, Spring Musical, New Works Festival (plays and films), TheatreSports (Improvisation competition)
College Matriculation for the Holy Names Academy Classes of 2015–2018

Amherst College*
Arizona State University*
Auburn University
Auckland University of Technology (New Zealand)
Austin Peay State University
Babson College*
Bard College
Bellevue College
Boise State University
Boston College**
Boston University
Bowdoin College
Brown University
Bryn Mawr College
California Institute of Technology
California Lutheran University
California Polytechnic State University, San Luis Obispo*
California State University, Northridge*
Carnegie Mellon University*
Case Western Reserve University
Cascadia College
Case Western Reserve University
Central Washington University*
Chapman University
Claremont McKenna College
Clarkson University
Colby College*
Colgate University
The College of Wooster
Colorado College
Columbia College Chicago
Columbia University*
The Cooper Union for the Advancement of Science & Art
Cornell University
Cornish College of the Arts
Creighton University*
Dartmouth College
Davidson College*
DePaul University
Dickinson College*
DigiPen Institute of Technology
Dominican University of California*
Drexel University
Duke University
Earlham College
Embry-Riddle Aeronautical University, Prescott*
Emerson College*
The Evergreen State College
Fairfield University*
Fashion Institute of Technology
Fordham University
Fort Lewis College
Franklin University (Switzerland)*
George Fox University
The George Washington University
Georgetown University
Gonzaga University**
Harvard University*
Harvey Mudd College
Highline Community College
Howard University*
Indiana University, Bloomington
John Jay College of Criminal Justice of the City University of New York*
Johns Hopkins University
Lewis & Clark College
Louisiana State University*
Loyola Marymount University**
Loyola University Chicago*
Loyola University New Orleans*
Marlboro College
Marquette University**
Massachusetts Institute of Technology
McGill University, Canada
Miami University, Oxford*
Michigan State University
Montana State University, Billings
Montana State University, Bozeman*
National University of Ireland (Galway)
New York University
Northeastern University
Notre Dame de Namur University
Oberlin College of Arts and Sciences
Oregon State University*
Pacific Lutheran University
Pacific University
Pepperdine University
Point Loma Nazarene University
Pomona College
Portland State University
Princeton University
Providence College
Purdue University
Regis University (Colorado)
Rhodes College*
Rochester Institute of Technology*
Rose-Hulman Institute of Technology*
St. Edward’s University*
St. John’s University (New York)
St. Lawrence University
Saint Martin’s University
Saint Mary’s College of California
St. Olaf College
San Diego State University**
San Jose State University*
Santa Clara University**
Santa Monica College
Scripps College*
Seattle Pacific University*
Seattle University**
Seton Hall University
South Seattle College*
Southern Methodist University
Spelman College
Stanford University*
Syracuse University
Texas A&M University*
Trinity College Dublin (Ireland)
Tufts University
Tulane University
United States Air Force Academy
United States Coast Guard Academy
United States Naval Academy*
The University of Arizona**
University of British Columbia (Canada)*
University of California, Berkeley
University of California, Davis
University of California, Los Angeles*
University of California, San Diego
University of California, Santa Barbara
University of California, Santa Cruz*
University of Chicago
University of Colorado, Boulder
University of Dallas
University of Dayton
University of Denver
University of Hawai‘i, Mānoa**
University of Idaho
The University of Iowa*
University of Louisville
University of Maine at Presque Isle
University of Maryland
University of Miami*
University of Minnesota, Twin Cities
The University of Montana, Missoula*
University of Nevada, Reno
University of New Mexico
University of Notre Dame
The University of Oklahoma*
University of Oregon
University of Pennsylvania
University of Portland**
University of Puget Sound**
University of Redlands**
University of Saint Andrews (Scotland)
University of San Diego**
University of San Francisco*
University of Southern California**
University of Stirling (Scotland)
The University of Texas, Austin
University of Toronto (Canada)
University of Utah
University of Vermont*
University of Victoria
University of Washington, Bothell*
University of Washington, Seattle**
University of Wisconsin, Madison
Vassar College
Villanova University*
Vrije Universiteit Amsterdam (Netherlands)*
Wake Forest University
Washington State University**
Washington University in St. Louis
Wellesley College
Wesleyan University*
West Virginia University
Western New Mexico University
Western Washington University**
Westminster College
Whitman College
Whittier College
Williamette University*
Williams College
Worcester Polytechnic Institute
Yale University

* Indicates schools where 2018 graduates will matriculate.
** Indicates schools where more than one 2018 graduate will matriculate.