



# Holy Names Academy: SCHOOL PROFILE

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## Our Mission

Holy Names Academy inspires young women of diverse beliefs and backgrounds to excel in life with confidence and courage, to think critically, act with purpose, advocate for justice, serve with compassion, and lead with integrity.

## The Academy

Holy Names Academy is an all-girls Catholic high school founded in 1880 by the Sisters of the Holy Names of Jesus and Mary. The school offers excellent academic, arts, athletic, spiritual, and leadership programs that promote the development of the whole person in an environment of inclusion, collaboration, and community.

## The Numbers

Total Enrollment 2022-2023	572
Student / Teacher Ratio	13:1
Average Class Size	21
Ethnicity	
Students of Color	39.3%
African American	4.9%
Asian or Pacific Islander	13.5%
Hispanic or Latina	4.0%
Multiracial	16.4%
Native American	.3%
Other	.2%
Caucasian	60.7%
Religion	
Catholic	55.6%
Non-Catholic	44.4%
Faculty	46
BA or BS Degrees	100%
MA or MS Degrees	97.8%
PhD or EdD Degrees	8.7%

## Grading

- Two 18-week semesters.
- A-F, including pluses and minuses.
- GPA is computed as: A=4, B=3, C=2, D=1, F=0.
- Advanced Placement grades are weighted as: A=5, B=4, C=3, D=2, F=0.

## Profile 2022-2023

### CEEB Code 481100

Head of School & Principal: Elizabeth Swift  
 Vice Principal of Academics: Marianne McGah  
 Vice Principal of Student Life: Kim Dawson  
 Admissions Director: Eileen Denby  
 College Counselor: Megan Diefenbach  
 College Counselor: Anjelica Johnson

### Accreditation:

Northwest Association of Independent Schools  
Cognia

## College Admission/Enrollment, Class of 2022

- **82%** of the Class of 2022 received academic scholarship and award offers from colleges and other organizations. Collective value: **\$40.1 million**.
- **99%** (176 students) enrolled at 94 colleges/universities in 28 states, the District of Columbia, and four international countries (Canada, China, Ireland, and the United Kingdom)
- 65% of students attending 62 private institutions
- 30% of students attending 25 public institutions
- 4% of students attending 7 international institutions
- 30% of students attending 19 Catholic institutions

## Tuition and Fees

Tuition (2022-23): \$20,940  
 Fees: \$550 registration; \$40 application;  
 \$170 activity fee (Grade 12: \$350);  
 \$450-\$600 textbooks (digital & print)

## Financial Aid

Available in 2022-23: \$2.15 million  
 Percentage of students on financial aid: 35.7%

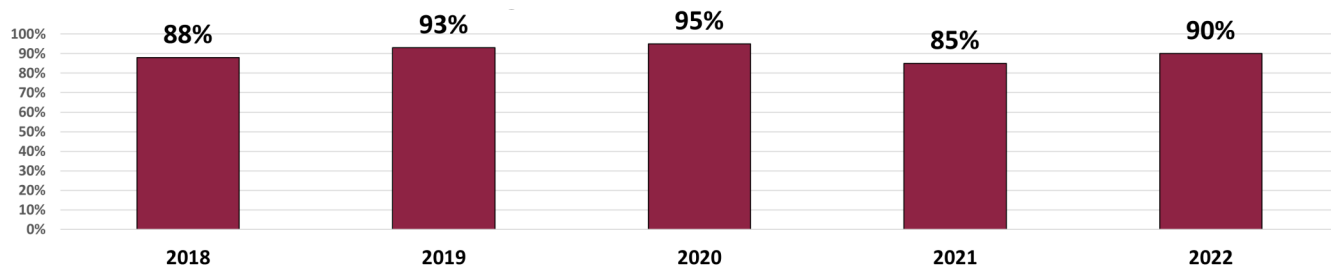
**Rank in Class:** *Holy Names Academy does not rank.*

Grade Distribution: Class of 2023 <i>as of end of 11th grade</i>	
Quintile	Weighted GPAs
1	4.17 – 4.33
2	4.08 – 4.16
3	3.94 – 4.07
4	3.72 – 3.93
5	2.97 – 3.71

## ADVANCED PLACEMENT PROGRAM

Holy Names Academy is strongly committed to offering its students broad access to Advanced Placement courses and national testing in a wide range of subjects. All students enrolled in an AP class are required to take the corresponding AP exam.

### Holy Names Academy Percentage of Total AP Students with Scores 3 or Higher

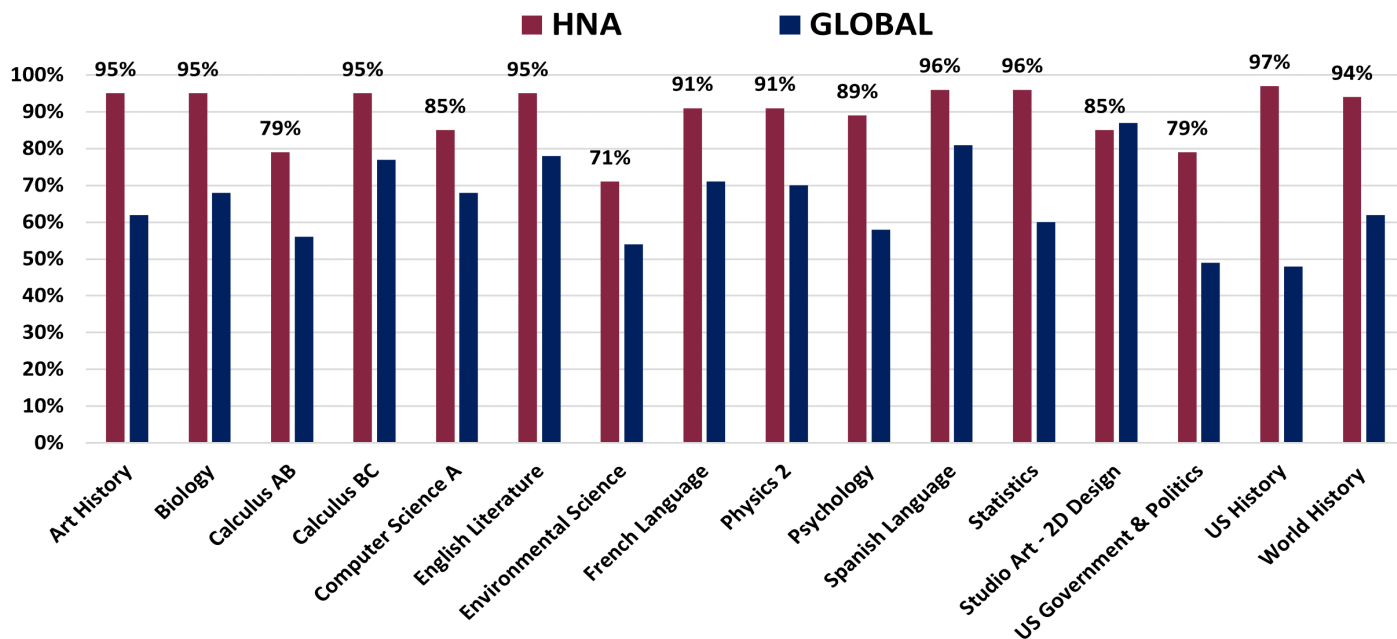


In 2022, the College Board awarded 196 AP Scholar designations to Holy Names Academy students:  
**95 AP Scholars with Distinction | 42 AP Scholars with Honor | 59 AP Scholars**

#### More AP 2022 Facts:

- **90%** of the 405 HNA students tested in 2022 earned a score of 3 or higher on at least one exam.
- **405** students completed **867** AP exams.
- **70.2%** of the Class of 2022 earned AP Scholar recognition and **44.9%** achieved the highest level of AP Scholar Award.

### AP Subject Exam Scores 2022: Scores of 3 or Higher



### AP Courses Offered at Holy Names Academy

Computer Science	English	Fine Arts	Language	Mathematics	Science	Social Studies
Computer Science A	Literature	Art History	French Language	Calculus AB	Biology	Psychology
		Studio Art	Spanish Language	Calculus BC	Environmental Science	U.S. Government
				Statistics	Physics 2	U.S. History
						World History: Modern

**Honors Courses**    English: English 9; English 10; English 11

Mathematics: Algebra I; Algebra II/Trigonometry; Geometry; Precalculus

Science: Chemistry

## Graduation Requirements

<u>English</u>	4 years	<u>Fine Arts</u>	1 year	<u>International Language</u>	2 years
<u>Laboratory Science</u>	3 years	<u>Mathematics</u>	3 years	<u>Physical Education / Health</u>	1½ years
<u>Social Studies</u>	2 years	<u>Theology</u>	4 years	<u>Electives</u>	3½ years

**Student Leadership** Over 80% of students hold leadership positions during their four years:

Associated Student Body (ASB) • Campus Ministry & Community (CMC) • Sport & Spirit (SNS) • Multicultural Student Union (MSU)  
Class Officers & Representatives • Club Officers • Athletic Team Captains • Peer Mentors • Student Ambassadors

**Athletics** Holy Names Academy Cougars compete in the Seattle Metropolitan High School League (3A classification).

**16 SPORTS OFFERED:** Basketball, Bowling, Cheer, Crew, Cross Country, Fastpitch Softball, Golf, Gymnastics, Lacrosse, Slowpitch Softball, Soccer, Swim & Dive, Tennis, Track & Field, Volleyball, Ultimate Frisbee (most offer Varsity, JV, and JVC-level teams)

• **15 Metro League All-Sports Trophies** (2000, 2005, 2008 through 2019, 2022)

Awarded to the Metro League school with the highest average finish in all league girls sports for the entire school year.

**Championships** since 1996:

- 18 Washington **State** 3A team championships
- 31 **District** team championships
- 75 **Metro League** championships
- 27 Washington State 3A team **Academic** championships

**Championship Crew:** Holy Names Academy is one of only three high schools in the Pacific Northwest states to offer crew (rowing) as a full-fledged, interscholastic sport. For 18 consecutive years, HNA crew has qualified boats to compete at the USRowing Youth National Championships—winning gold medals in 2015 and 2017, silver and bronze medals in 2019, and a silver medal in 2021. HNA crew has qualified to compete for 30 consecutive years at Boston’s Head of the Charles Regatta.

## Clubs and Activities

Adulting 101	Cougar Records	Knitting Club	Spanish Club
Ani-Mayhem	French Club	Mary’s Place Club	Student Magazine, <i>The Dome</i>
Art Club	Girl Power Club	Mock Trial	True Colors
Book Club	Green Team	National Honor Society	Wellness Club
Cards for Kids	Harry Potter Club	Robotics Team	Yearbook, <i>Excalibur</i>

### **Multicultural Student Union and Affinity Groups:**

Black Student Union, Asian/Pacific Islander Affinity Group, Latina Student Union, Middle Eastern Student Union

### **Music:**

Concert Choir, Advanced Concert Choir, Vocal Ensemble, Jazz Band, Orchestra, Instrumental Groups (e.g., Rock Band, String Quartet, Guitar Orchestra), Eclectic Strings, Private and Group Lessons

### **Theatre and Film:**

Theatre & Film Club, International Thespian Society, Fall Play, Spring Musical, New Works Festival (plays, films, and musicals), TheatreSports (Improvisation competition)

## College Matriculation for the Holy Names Academy Classes of 2019–2022

American University	Kenyon College*	University College Dublin (Ireland)*
Arizona State University*	Knox College	University of Alberta (Canada)*
Bard College*	Lehigh University*	The University of Arizona
Barnard College	Lewis & Clark College*	University of British Columbia (Canada)
Bates College	Linfield University*	University of California, Davis*
Baylor University*	Loyola Marymount University**	University of California, Los Angeles
Bellevue College	Loyola University Chicago**	University of California, San Diego*
Belmont University	Loyola University New Orleans	University of California, Santa Barbara
Benedictine College*	Macalester College	University of Central Florida
Berry College	Marquette University	University of Chicago*
Boise State University*	Massachusetts Institute of Technology	University of Colorado Boulder**
Boston College*	Miami University	University of Dallas
Boston University*	Michigan State University*	University of Denver
Bowdoin College*	Middlebury College*	The University of Edinburgh (Scotland)
Bryn Mawr College*	Montana State University	University of Glasgow (Scotland)
Brandeis University	Mount Holyoke College	University of Idaho
Butler University	National University of Ireland Galway	University of Illinois at Urbana-Champaign
California Lutheran University	New York University**	University of Manchester (England)*
California Polytechnic State University, San Luis Obispo**	New York University, Shanghai (China)*	University of Manchester Institute of Science & Technology (England)
California State University, Long Beach	North Carolina A&T State University	University of Mary*
California State University, Maritime Academy*	Northeastern University**	University of Maryland - College Park
Carroll College (Montana)*	Northwestern University*	University of Massachusetts Amherst*
Chapman University**	Oberlin College*	University of Michigan - Ann Arbor
Claremont McKenna College	Occidental College**	University of Mississippi
Clark University*	The Ohio State University	University of Montana*
Clemson University	Oregon State University*	University of New Hampshire
Colby College	Pace University, New York City	The University of North Carolina at Chapel Hill*
Colgate University*	Pacific Lutheran University	University of North Carolina Wilmington*
College of the Holy Cross	Pacific University	University of Notre Dame
The College of Saint Rose	Pepperdine University*	The University of Oklahoma
College of William & Mary	Pitzer College**	University of Oregon*
The College of Wooster	Point Loma Nazarene University	University of Oxford (England)*
Colorado College	Pomona College	University of Pennsylvania
Colorado State University	Pratt Institute	University of Portland**
Columbia University	Princeton University**	University of Providence
Columbia University (New York)	Professional Ballet Company*	University of Redlands
- Sciences Po (France)	Purdue University*	University of St Andrews (Scotland)
Connecticut College	Queen's University (Canada)	University of San Diego**
Cornell University	Queens University of Charlotte*	University of San Francisco**
Cornish College of the Arts	Reed College*	University of Southern California**
Creighton University*	Rochester Institute of Technology*	The University of Texas, Austin
De La Salle University Manila (Philippines)	Roger Williams University*	University of Utah*
DePaul University*	St. Catherine University	University of Vermont*
DePauw University*	St. John's University (New York)	University of Victoria (Canada)*
DigiPen Institute of Technology	Saint Joseph's University	University of Virginia*
Duke University*	St. Lawrence University	University of Washington Bothell
Durham University (England)	Saint Louis University	University of Washington Seattle**
Eastern Washington University	Saint Martin's University**	University of Washington Tacoma
Emerson College*	Saint Mary-of-the Woods College	University of Wisconsin-Madison*
Emory University	Saint Mary's College of California	Vassar College*
The Evergreen State College	St. Olaf College	Villanova University*
Fairfield University	San Diego State University**	Washington State University
Florida A&M University	Santa Clara University**	Washington University in St. Louis
Florida Southern College*	School of the Art Institute of Chicago	Wellesley College
Fordham University*	Scripps College**	Wesleyan University
Fort Lewis College	Seattle Central College*	Western Washington University**
The George Washington University*	Seattle Pacific University*	Westmont College
Georgetown University**	Seattle University**	Wheaton College-Massachusetts
Gonzaga University**	Shoreline Community College*	Whitman College
Goucher College	Smith College*	Whittier College
Grinnell College	Southern Methodist University	Willamette University*
Hampton University*	Spelman College	Xavier University of Louisiana*
Harvard University	Stanford University	Yale University
Harvey Mudd College	Swarthmore College	
Highline College	Syracuse University**	
Hillsdale College	Texas A&M University, College Station*	
Howard University*	Texas Christian University**	
Indiana University, Bloomington	Trinity College Dublin (Ireland)*	
Ithaca College*	Tufts University	
John Cabot University (Italy)	Tulane University**	
	United States Naval Academy	

\* Indicates schools where 2022 graduates will matriculate.  
\*\* Indicates schools where more than one 2022 graduate will matriculate.