

For more than  
138 years...

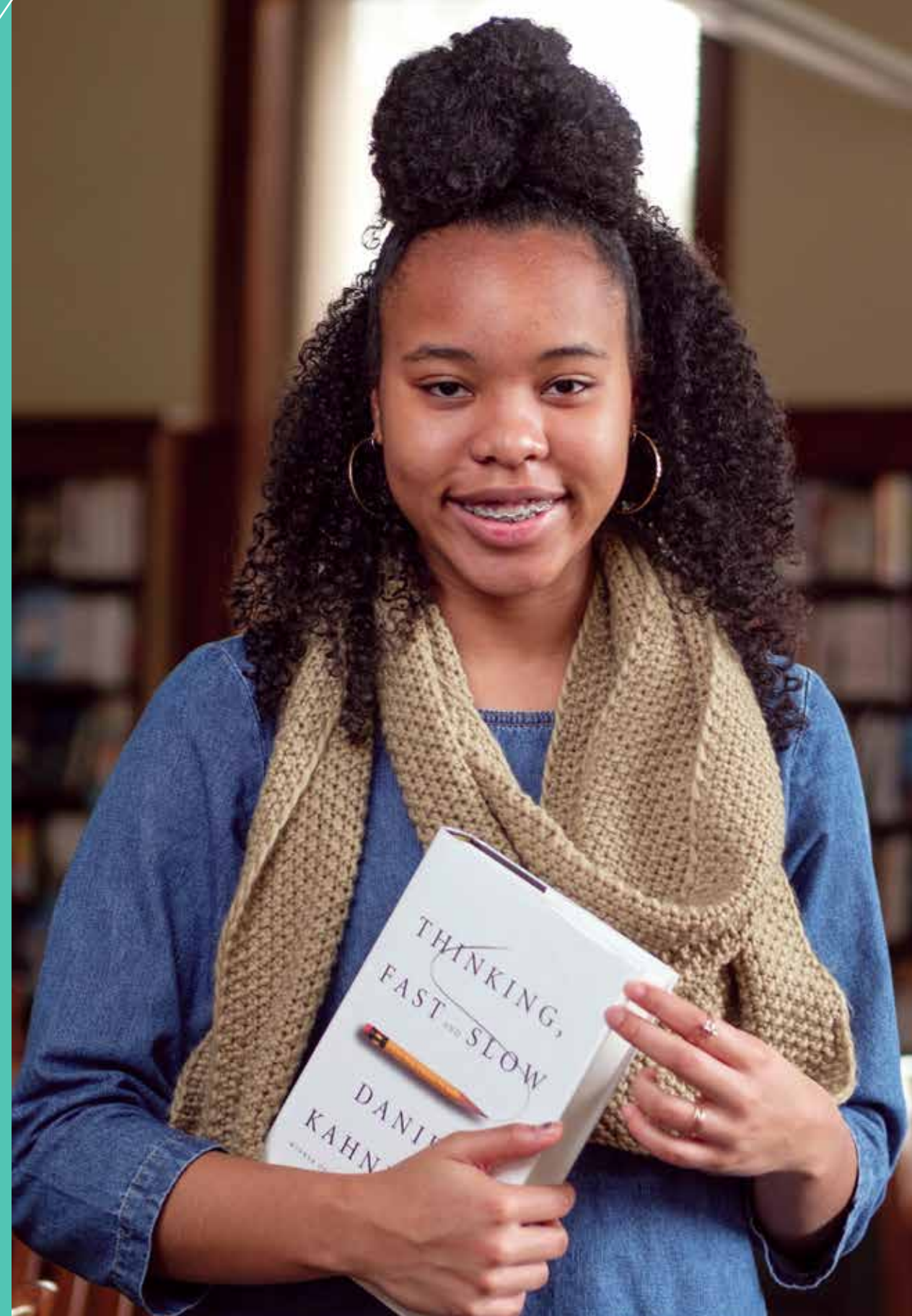


...HOLY NAMES ACADEMY has pursued a mission of educating young women, helping them to achieve a personal best in all they do, to develop leadership qualities, and give back to their communities.

That may sound like a lot, but it's incredibly rewarding, too!

When you  
picture  
yourself in  
high school,  
what do  
you see?

Do you see  
a confident  
young  
woman taking  
challenging  
classes?



Advanced Placement Courses

- Computer Science
- English Literature
- English Language
- Art History
- Studio Art
- French Language
- Spanish Language
- Calculus AB
- Calculus BC
- Statistics
- Biology
- Environmental Science
- Physics B
- Psychology
- U.S. History
- U.S. Government and Politics
- World History



# Academics



**73%**  
OF RECENT GRADUATES  
*Earned*  
AP SCHOLAR  
RECOGNITION

# Science & Technology



88% RECENT GRADS  
OF EARNED COLLEGE  
ACADEMIC  
SCHOLARSHIPS



Do you see  
a confident  
young woman  
competing on  
championship  
teams?

*“My teammates inspire me  
to become a better person  
and athlete through their  
passion and dedication  
to the sport.”*

– Jenny Cook '21

**90**  
PERCENT  
OF STUDENTS COMPETE  
*on 1 or more teams*  
DURING THEIR 4 YEARS  
★ ★ ★

# Sports





## HOLY NAMES ACADEMY SPORT ACCOMPLISHMENTS

by the NUMBERS  
(1996-2018)

# 11

SPORTS OFFERED: BASKETBALL, CREW, CROSS COUNTRY,  
GOLF, GYMNASTICS, LACROSSE, SOCCER, SOFTBALL,  
SWIM/DIVE, TENNIS, TRACK & FIELD, ULTIMATE FRISBEE,  
AND VOLLEYBALL

# 16

STATE TEAM TITLES

# 145

State Tournament Appearances

# 19

USRowing Youth Nationals Appearances

# 23

State AAA Academic Championships

# 29

District Titles

# 66

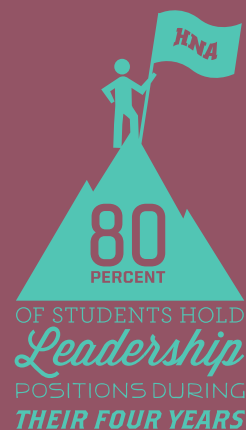
Metro League Titles

# Discover HNA

The teachers at Holy Names Academy inspire you to **discover yourself** and the world, to succeed at every level. They're **passionate** about what they teach, and they give you all the time and attention you need to **succeed** in even the toughest classes.

Holy Names Academy is steeped in **rich tradition** and history, but there's nothing "old school" about it. Every student and teacher carries a **digital device** to enhance collaborative learning and tech literacy in an all-wireless campus. Digitized labs for science, writing, and international languages are all state-of-the-art, just like the studios for visual arts and **music recording**.

Your HNA experience starts on day one: you begin to discover who you are and what you want to be, you form **friendships** that last a lifetime, and you begin your journey into an academic world full of **learning** and **discovery**. HNA students feel free to speak out, ask questions, try new ideas.



*"I am not afraid to make mistakes because my teachers are always there to help me learn from them."*

– Melody Nguyen '21





# Spirituality & Service



*“Through the Social Justice Committee and service opportunities, I have been inspired to make an impact in my school and community.”*  
– Janea McCoy '20



Do you see  
your first great  
performance,  
creating your  
first masterpiece?



# The Arts





Don't know what you're passionate about yet? Don't worry - HNA has more clubs, activities, and service opportunities than you could ever imagine. When the bell rings at the end of the school day, HNA students connect with their friends, serve their community, get active on sports teams, and discover what they love.



You'll learn to love serving the HNA community through leadership and volunteering. And you'll develop life skills that will let you excel in the toughest colleges and most demanding careers.

Holy Names Academy will prepare you to be independent, confident & successful in whatever you choose to do. You will discover new talents and interests. You'll make friends who will be there for you for a lifetime. You'll achieve your personal best.





*Just see where HNA will take you!*